

# Even the Best are Tempted

Matthew 4:1-11

## Discussion Guide

### Lesson

Even the best, Jesus, was tempted.

### Situations

- You find yourself at school or work when your friends are talking poorly about others behind their backs.
- You find yourself on your phone or device when an image or video comes up that you know is not good.
- You have been asked to complete a task immediately by your boss, teacher, or parent but you feel really tired and want to do it later.
- Think of a situation when you are tempted that you would like help with. Describe the situation and then answer the following.

### Questions

1. How should you respond?
2. Is there a way to avoid this situation in the future?
3. What scripture can you respond with?

### Prayer Requests

At the end of your discussion, go around the group and ask for prayer requests.

## Tips and Tricks for leading a discussion

If we want people to share. Then we must make sure that it is safe to share.

Do not criticize or judge others. Instead, invite them to tell you more and affirm your acceptance and care for them.

### Growth Tip

In order to respond with scripture, we need to know the scriptures. Memorizing Bible verses is a great practice. I won't lie memorizing is hard work but the payoff is huge and it will serve you very well for the rest of your life! So Memorize scripture as a defence in the temptations that will come your way!

## You can pray to begin your relationship with Jesus!

Jesus, I need you. Forgive my sinful mistakes. I am giving you control of my life. Thank you for your love! Amen